

FEBRUARY HOT LUNCH/DINNER 2019

Monday	Tuesday	Wednesday	Thursday	Friday
				FEB 1 Shepherd's Pie Bread Pineapple Spears Milk
4 Chic Bologna Bread Peas & Carrots Apples Milk	5 Chicken Nuggets Rice Medley Baby Carrots Peaches Milk	6 Meat Loaf Mash Potato Bread Pears Milk	7 Cheese Ravioli Green Beans Cantaloupe Milk	8 Pizza String Cheese French Fries Orange Mandarins Milk
11 Hot Dogs Bun Diced Potatoes Apples Milk	12 Fish Nuggets Rice & Mushroom Carrot Peaches Milk	13 Mac & Cheese Corn Fruit Mix Milk	14 Beef A Roni Green Beans Orange Wedges Milk	15 Chili with Rice Peas & Carrot Pineapple Spears Milk
18 School Closed Presidents Day	19 Beef Goulash Over Rice Peas & Carrots Peaches Milk	20 Turkey Breast Sliced Bread Hash Brown Pears Milk	21 Chicken Chunks Pasta Marinara Corn Watermelon Milk	22 Veggie Burger Bun Sliced Cheese Pickle Chips Orange Mandarins Milk
25 Meatballs & Spaghetti Green Beans Apples Milk	26 Fish Sticks Rice Pilaf Carrot Pears Milk	27 Baked Ziti Peas & Carrots Fruit Mix Milk	28 Meatloaf Mashed Potato Bread Honeydew Milk	MARCH 1 Hot Dog & Beans Bread Peas & Carrots Orange Wedges Milk
4 Beef Sliders Pasta Marinara Corn Apples Milk	5 Fish Shapes Rice Medley Green Beans Pears Milk	6 Chic Bologna Bread Potato Puff Peaches Milk	7 Cheese Ravioli Peas & Carrots Cantaloupe Milk	8 Pizza Stick Yogurt French Fries Orange Wedges Milk

Menus Are Subject To Change

*All Juice Must Be 100% Fruit Juice

Ages	Milk	Meat/Meat Alternatives	Vegetables	Fruits	Grains
1-2	½ cup	1 oz.	1/8 cup	1/8 cup	½ oz
3-5	¾ cup	1.5 oz.	¼ cup	¼ cup	½ oz
6-12	1 cup	2 oz.	½ cup	¼ cup	1 oz