

# FEBRUARY SNACK 2019

Monday	Tuesday	Wednesday	Thursday	Friday
				<b>FEB 1 Veggi &amp; Bean Chips Juice</b>
<b>4 Cheese Crackers</b>	<b>5 Tortilla Chips Fruit Snack</b>	<b>6 Veggi &amp; Bean Chips Fruit Squeezer</b>	<b>7 Elf Grahams Fruit Cups</b>	<b>8 Yogurt Juice</b>
<b>11 Choc Chip Muffin Milk</b>	<b>12 Cheese Its Juice</b>	<b>13 Yogurt Fruit Cup</b>	<b>14 Honey Graham Amazing Raisin</b>	<b>15 Rice Cakes Juice</b>
<b>18 School Closed  Presidents Day</b>	<b>19 Tea Biscuit Juice</b>	<b>20 Tortilla Chips Fruit Squeezer</b>	<b>21 Elf Grahams Fruit Snack</b>	<b>22 Pretzel Juice</b>
<b>25 Muffin Milk</b>	<b>26 Veggi &amp; Bean Chips Juice</b>	<b>27 Yogurt Applesauce cups</b>	<b>28 Cheese Crackers</b>	<b>March 1 Elf Grahams Juice</b>
<b>4 Animal Cracker Milk</b>	<b>5 Tortilla Chips Juice</b>	<b>6 Rice Cakes Fruit Snack</b>	<b>7 Honey Graham Amazing Raisin</b>	<b>8 Pretzel Juice</b>

**Menus Are Subject To Change      \*All Juice Must Be 100% Fruit Juice**

Ages	Milk	Meat/Meat Alternatives	Vegetables	Fruits	Grains
<b>1-2</b>	<b>½ cup</b>	<b>½ oz.</b>	<b>½ cup</b>	<b>½ cup</b>	<b>½ oz.</b>
<b>3-5</b>	<b>½ cup</b>	<b>½ oz.</b>	<b>½ cup</b>	<b>½ cup</b>	<b>½ oz.</b>
<b>6-12</b>	<b>1 cup</b>	<b>1 oz.</b>	<b>¾ cup</b>	<b>¾ cup</b>	<b>1 oz.</b>