

# JANUARY HOT BREAKFAST 20

Monday	Tuesday	Wednesday	Thursday	Friday
<b>30</b> Corn Flakes Milk Apple Juice	<b>31</b> Rice Crispies Milk Applesauce cups	<b>JAN 1</b> Happy Holidays!	<b>2</b> Toasted Oats Milk Apple Juice	<b>3</b> Honey Scooter Milk Fruit Cups
<b>6</b> Rice Crispies Milk Apple Juice	<b>7</b> Cinnamon Flakes Milk Apples	<b>8</b> WW Pancakes Syrup Milk Apple Juice	<b>9</b> WW Croissant Milk Apple Juice	<b>10</b> WW Waffles Syrup Milk Bananas
<b>13</b> WW French Toast Milk Apple Juice	<b>14</b> Honey Scooter Milk Apples	<b>15</b> WW Pancakes Syrup Milk Apple Juice	<b>16</b> WW Raisin Bread Milk Apple Juice	<b>17</b> WW Waffle Syrup Milk Bananas
<b>20</b> Rice Crispies Milk Apple Juice	<b>21</b> Toasted Oats Applesauce cup Milk	<b>22</b> Corn Flakes Milk Apple Juice	<b>23</b> WW Croissant Milk Apple Juice	<b>24</b> WW Pancakes Syrup Milk Bananas
<b>27</b> WW Waffles Syrup Milk Apple Juice	<b>28</b> Honey Scooter Apples Milk	<b>29</b> WW Pancakes Syrup Milk Apple Juice	<b>30</b> WW Raisin Bread Milk Apple Juice	<b>31</b> WW Waffle Syrup Milk Bananas
<b>Feb 3</b> WW French Toast Milk Apple Juice	<b>4</b> Cinnamon Flakes Milk Apples	<b>5</b> WW Pancakes Syrup Milk Apple Juice	<b>6</b> WW Croissant Milk Apple Juice	<b>7</b> WW Waffle Syrup Milk Bananas

**Menus Are Subject To Change      \*All Juice Must Be 100% Fruit Juice**

Ages	Milk	Fruit, Vegetables or both	Grains
<b>1-2</b>	<b>½ cup</b>	<b>¼ cup</b>	<b>½ oz.</b>
<b>3-5</b>	<b>¾ cup</b>	<b>½ cup</b>	<b>½ oz.</b>
<b>6-12</b>	<b>1 cup</b>	<b>½ cup</b>	<b>1 oz.</b>